

A.S. GROUP INTERNATIONAL PUBLIC SCHOOL

Ganjdundwara, Kasganj

ANNUAL ACADEMIC, CO-CURRICULAR, HEALTH & WELLNESS PLAN

SESSION 2026–27

VISION *To provide holistic, competency-based and experiential learning opportunities that nurture responsible, creative, healthy and confident learners in accordance with NEP 2020, NCF 2023 and CBSE guidelines.*

1. Weekly Activity Framework

A structured set of daily activities runs throughout the academic session to ensure consistency in learning, wellness and co-curricular engagement.

Day	Activities
Monday	Theme-based Morning Assembly • Mindfulness & Meditation (10 min) • Vocabulary Enrichment • Health & Fitness Pledge
Tuesday	Club Activities • Reading Mission (15 min) • Subject Enrichment Activity
Wednesday	Life Skills / Stress Management • Art Integrated Learning • Library Period
Thursday	Experiential Learning • STEM / Innovation Activity • Group Discussion / Debate
Friday	Open Discussion with Counselor • Sports & Physical Fitness • Reflection Journal Writing
Saturday	House Activities & Competitions • Community Outreach / SEWA • Portfolio Maintenance

2. Monthly Academic & Activity Plan

Each month is anchored to a central theme aligned with CBSE, NEP 2020, Art Integration and Experiential Learning. Major events, club activities, bagless day, art & craft, examinations, special programmes, gazetted holidays, health focus and learning outcomes are consolidated below for quick reference.

JULY 2026 Theme: Responsibility & Discipline	
Major Events	School Reopening & Student Council Formation • Club Formation & Enrollment • Van Mahotsav / Plantation Drive
Club Activities	Club Orientation & Debate Competition
Bagless Day	Gardening & Plant Care
Art & Craft	Nursery: Finger Painting KG: Paper Tearing & Collage I–II: Rainy Season Drawing III–V: Rainy Landscape VI–VIII: Watercolour Landscape
Examinations	—
Special Programmes	—
Gazetted Holidays	No gazetted holiday this month
Health Focus	Height & Weight Record

Learning Outcome	Environmental awareness, teamwork and communication.
-------------------------	--

AUGUST 2026 | *Theme: Patriotism & National Pride*

Major Events	Independence Day Celebration • Art Exhibition • Patriotic Cultural Programme
Club Activities	Heritage Club & Ek Bharat Shreshtha Bharat Activities • Literacy Club Presentations
Bagless Day	Local Art & Craft Workshop
Art & Craft	Nursery: Flag Colouring KG: Tricolour Flowers I–II: National Flag Making III–V: Freedom Fighter Sketches VI–VIII: Unity in Diversity Collage
Examinations	Periodic Test – 2 (P.T. 2) — 1st Week of August
Special Programmes	Annual Sports Day (Aug/Sept) • First Aid Training/Awareness Programme for Teachers
Gazetted Holidays	Independence Day – 15 August (Saturday) • Janmashtami – as per notification
Health Focus	Personal Hygiene
Learning Outcome	Appreciation of national heritage and constitutional values.

SEPTEMBER 2026 | *Theme: Respect for Teachers & Learning*

Major Events	Teacher's Day Celebration • First Term Examination • Science Exhibition
Club Activities	Handmade Greeting Cards • STEM Demonstrations
Bagless Day	Calligraphy and Story Writing Workshop
Art & Craft	Nursery: Greeting Card KG: Diya Decoration I–II: Classroom Drawing III–V: Clay Modelling VI–VIII: Geometric Design Art
Examinations	First Term Examination
Special Programmes	Self-Defence Training Programme for Girls (Classes VI–XII) • Annual Sports Day, if not held in August
Gazetted Holidays	Milad-un-Nabi (Id-e-Milad) – as per moon sighting
Health Focus	Eye Check-up
Learning Outcome	Creativity, gratitude and scientific inquiry.

OCTOBER 2026 | *Theme: Truth, Non-Violence & Cleanliness*

Major Events	Gandhi Jayanti Celebration • Sports Meet Commencement • Diwali Preparation Activities
Club Activities	Cleanliness Drive • SEWA Projects • Eco Club Campaign
Bagless Day	Community Cleanliness Activity
Art & Craft	Nursery: Festival Colouring KG: Paper Lotus I–II: Lantern Making III–V: Origami VI–VIII: Decorative Lamp Design
Examinations	Half-Yearly Examination — 1st Week of October
Special Programmes	Sports Meet Commencement (House-wise Tournaments)
Gazetted Holidays	Mahatma Gandhi Jayanti – 2 October (Friday) • Dussehra – 20 October (Tuesday)

Health Focus	Dental Health
Learning Outcome	Civic responsibility and social awareness.

NOVEMBER 2026 | *Theme: Children's Rights & Creativity*

Major Events	Children's Day Celebration • Sports Finals • Cultural Fest
Club Activities	Science Fair • Robotics Competition • Hobby Exhibition
Bagless Day	Mathematics and Science Fun Day
Art & Craft	Nursery: Balloon Colouring KG: Smiley Masks I-II: Favourite Toy Drawing III-V: Fruit Composition VI-VIII: Light and Shadow Drawing
Examinations	—
Special Programmes	Sports Meet Finals & Prize Distribution
Gazetted Holidays	Diwali (Deepavali) – 8 November (Sunday) • Guru Nanak Jayanti – 24 November (Tuesday)
Health Focus	Nutrition Awareness
Learning Outcome	Innovation, creativity and problem-solving.

DECEMBER 2026 | *Theme: Heritage & Cultural Diversity*

Major Events	Pre-Board Examination • Winter Break • Educational Tour
Club Activities	Heritage Walk • Creative Writing Workshop
Bagless Day	Music and Drama Workshop
Art & Craft	Nursery: Snowman Craft KG: Christmas Tree Decoration I-II: Snow Scene III-V: Greeting Cards VI-VIII: Winter Landscape Painting
Examinations	Periodic Test – 3 (P.T. 3) — 1st Week of December • Pre-Board Examination
Special Programmes	RPWD Act 2016 Awareness Session (for Teachers & Senior Students)
Gazetted Holidays	Christmas Day – 25 December (Friday) • Winter Break
Health Focus	Physical Fitness Assessment
Learning Outcome	Cultural diversity and heritage appreciation.

JANUARY 2027 | *Theme: Constitutional Values*

Major Events	Republic Day Celebration • Career Guidance Programme
Club Activities	Cultural Integration Programme • Leadership Activities
Bagless Day	Citizenship Awareness Programme
Art & Craft	Nursery: Tricolour Balloons KG: Tricolour Collage I-II: Republic Day Parade III-V: Canvas Painting VI-VIII: Mixed Media Collage
Examinations	—
Special Programmes	Traffic Rules Awareness Programme (Road Safety Week)

Gazetted Holidays	Republic Day – 26 January (Tuesday)
Health Focus	Mental Health Awareness
Learning Outcome	Understanding of constitutional duties and leadership.

FEBRUARY 2027 | Theme: Career Awareness & Goal Setting

Major Events	Annual Revision Programme • Practical Examinations
Club Activities	Completion of Club Projects • Exhibition Preparation
Bagless Day	Vocational Skill Workshop
Art & Craft	Nursery: Flower Drawing KG: Craft Flowers I–II: Garden Scene III–V: Spring Landscape VI–VIII: Portrait Making
Examinations	Practical Examinations (Classes IX–XII)
Special Programmes	Annual Exhibition Preparation
Gazetted Holidays	No gazetted holiday this month
Health Focus	Health Card Updating
Learning Outcome	Exploration of career pathways and vocational skills.

MARCH 2027 | Theme: Reflection & Excellence

Major Events	Annual Examinations • Two-Day Annual Exhibition • Session Closure & Award Ceremony
Club Activities	Project Presentation
Bagless Day	Portfolio Showcase
Art & Craft	Cross-subject art portfolios presented at Annual Exhibition
Examinations	Annual Examination (Full Syllabus)
Special Programmes	Two-Day Annual Exhibition & Award Ceremony
Gazetted Holidays	Holi, Id-ul-Fitr, Ram Navami, Mahavir Jayanti & Good Friday – exact dates as per official notification
Health Focus	Annual Health Review
Learning Outcome	Reflection on learning achievements and personal growth.

3. Health & Wellness Programme

3a. Weekly Health Schedule

Monday	Mindfulness & Deep Breathing
Tuesday	Healthy Eating Awareness
Wednesday	Stress Management Activity
Thursday	Yoga & Physical Fitness
Friday	Open Discussion & Emotional Wellbeing

3b. Monthly Health Focus

July	Height & Weight Record
August	Personal Hygiene
September	Eye Check-up
October	Dental Health
November	Nutrition Awareness
December	Physical Fitness Assessment
January	Mental Health Awareness
February	Health Card Updating
March	Annual Health Review

4. Reading Mission

Daily	15 Minutes Sustained Silent Reading
Weekly	Dedicated Library Period
Monthly	Reading Competition & Book Review

5. Principal's Review Mechanism

Monthly review meetings are held on the last working day of each month. Quarterly reviews incorporate parent and teacher feedback with school improvement planning.

Monthly Review	Academic Progress • Club Activities • Student Participation • Attendance • Health & Wellness • Sports • NEP 2020 Implementation
Quarterly Review	Parent & Teacher Feedback • Learning Outcome Analysis • School Improvement Planning
Annual Awards	Academic Excellence • Best Club Member • Best Sportsperson • Best Attendance • Leadership • Innovation • SEWA Award

Annexure A: Annual Sports Day

Event	Annual Sports Day
Scheduled Period	August / September 2026
Purpose	To celebrate physical fitness, sportsmanship and team spirit in accordance with NEP 2020 holistic development goals
Activities	Track & Field Events • Team Sports • March Past • Prize Distribution • Cultural Performances
Participation	All classes — compulsory participation; inter-house competition format

Note: Annual Sports Day (August/September) is the main inter-house athletics event. The Sports Meet activities listed under October–November build on its momentum with class-wise tournaments and finals.

Annexure B: Special Awareness & Training Programmes — Summary

In addition to the regular weekly and monthly activities, the following special sessions will be conducted during the academic session to promote safety, inclusion and life-saving skills.

S.No.	Programme	Target Group	Objective
1	Self-Defence Training Programme for Girls	Girl Students (Classes VI–XII)	To build confidence, body awareness and practical self-protection skills among girl students
2	RPWD Act 2016 Awareness Session	Teachers & Senior Students	To create awareness of the Rights of Persons with Disabilities Act, 2016 and promote an inclusive school environment
3	Traffic Rules Awareness Programme	All Students	To educate students on road safety, traffic signs and responsible pedestrian/vehicle behaviour
4	First Aid Training / Awareness Programme for Teachers	Teaching & Support Staff	To equip staff with basic first-aid and emergency response skills for student safety

Annexure C: Examination & Assessment Schedule — Summary

The following examination schedule is aligned with CBSE guidelines and the school academic calendar for Session 2026-27.

S.No.	Examination	Scheduled Period	Remarks
1	Periodic Test – 2 (P.T. 2)	August 2026 – 1st Week	Syllabus: Topics covered after P.T. 1
2	Half-Yearly Examination	October 2026 – 1st Week	Full syllabus of Term 1; formal written examination
3	Periodic Test – 3 (P.T. 3)	December 2026 – 1st Week	Syllabus: Topics covered after Half-Yearly
4	Annual Examination	March 2027	Full year syllabus; includes practicals where applicable

Annexure D: Gazetted Holidays (Session 2026-27) — Summary

The following central government gazetted holidays fall within the academic session. School will remain closed on these dates as per CBSE and government directives.

S.No.	Holiday	Date	Day
1	Independence Day	15 August 2026	Saturday
2	Janmashtami	August 2026	As per notification
3	Milad-un-Nabi (Id-e-Milad)	September 2026	As per moon sighting
4	Mahatma Gandhi Jayanti	2 October 2026	Friday
5	Dussehra	20 October 2026	Tuesday
6	Diwali (Deepavali)	8 November 2026	Sunday
7	Guru Nanak Jayanti	24 November 2026	Tuesday

8	Christmas Day	25 December 2026	Friday
9	Republic Day	26 January 2027	Tuesday
10	Holi	March 2027	As per notification
11	Id-ul-Fitr	March 2027	As per moon sighting
12	Ram Navami	March 2027	As per notification
13	Mahavir Jayanti	March 2027	As per notification
14	Good Friday	March/April 2027	As per notification

Note: Dates for moon-sighting-based festivals (Id-ul-Fitr, Milad-un-Nabi) are subject to official notification. Additional state/local holidays may be declared by the UP government during the session.

Session ends 31 March 2027 • Prepared in compliance with CBSE, NEP 2020 & NCF 2023